

# *Heart of Colorado FiberArts Guild*

## *Newsletter*

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### *Comments from Candace*

I've been reading a book called *Better Than Perfect*, by Dr. Elizabeth Lombardo, and I would like to share with you a few of the things she has to say about trying to be perfect (or make perfect fiber art). I was thinking about how many of our members don't participate in the fashion show or put items for sale in the boutique because they just don't feel their work is "good enough."

What it comes down to, says Dr. Lombardo, is whether we choose to be motivated by passion or by fear. Passion is when you say to yourself "I love doing this!" and fear is when you feel that the world is waiting to find fault with your work. Whichever of these two you believe to be true will, in fact, be true for you.

HCFG is a group of the most caring and compassionate people I know. The members have been wonderful to me as I kept insisting that art quilts were fiber art. They have guided and encouraged me through the baby steps of learning to knit and to weave. So, while my work is far from perfect, it is pleasing to me and I am ready to show it to the world.

How about you? Are you ready to drop the "fear factor" and join the "passion people"? Start thinking that way now and wow! next year we'll have the best fashion show and boutique ever!

Candace

### *Meeting Notes*

**November 6, 2015**

The meeting was called to order at 10:00 a.m. by President Candace Weiss. Minutes of the last meeting were approved and placed on file.

**Treasurer's Report:** No update this month.

#### **Announcements:**

Nancy has embroidery books to be sold at the next Stash Sale, donated by someone whose wife has passed on.

Diana Smith writes that she is healing well from her surgery and will begin chemo soon. She requested vegetarian, sugar-free food if visitors want to bring something.

**Fiber Festival Booth/Fashion Show and Boutique discussion:** Donna reported on responses from attendees at the Fashion show, which were generally very favorable. Other comments—A guild table at the Fiber Festival was suggested to keep the guild in the public eye while individual members who want to sell their handmade items could go in together on a separate booth; the guild could continue to do a booth at the Fiber Festival but members be discouraged from trying to do both Festival and Boutique; a spring Fashion Show is possible but has two disadvantages: in the fall people buy for Christmas and Hannukkah; and spring weather is very unpredictable. A ballot was passed out for members to express their preferences and will be sent via email to members not in attendance today.

**Program:**

Frank Campbell demonstrated and discussed Navajo spinning and weaving techniques.

**Show and Tell**

Marjie Gray—woven twill towels, red/green  
Karen Robinson—woven scarf, tencel and wool/silk blend  
Sue Keyes—name tag  
Judy Reese—crocheted scarf  
Karen Martinez—knitted beaded shawl, light green  
Libby Fay—woven scarf, blue  
Judy Curran—crocheted scarves in Bronco colors  
Kendra Johnson—name tag  
Mary Elliott—name tag  
Elizabeth Shelby—name tag

The meeting was adjourned at 11:30 a.m.

## *Fashion Show News*

Our next Fashion Show Committee meeting will resume March 4, 2016 after our General Meeting. Anyone is welcome to join the Committee. We will also be passing around our sign-up sheet for those who would like to help with the Fashion Show next year.

Donna Childers, Chair

Janey Redetzke, Co-Chair

# Programs

Our December HOC Guild meeting combines two terrific studio tours with our holiday luncheon and gift exchange. Plan to arrive at the Congregational United Church of Christ in Buena Vista by 9:45 am on Friday, December 4. That will allow time to drop off your food and gift in the church before we carpool to Conrad Nelson's studio for a 10:15 am arrival time.

Conrad's print and mixed media studio was thoughtfully designed and built from the ground up. It is a great example of all that a professional studio can be. We will leave there and proceed to Cheryl Eigsti's home weaving studio, with an approximate arrival time of 11:00 am. Her studio is a great example of all that a home studio can be. We really appreciate the warmth and willingness of both these artists to welcome us into their creative places!

We will return to the church around 11:45 for lunch. Since we will be away from the church for two hours, dishes that don't require heating will be appropriate. Please bring a salad, pick-up food such as a cheese tray, or a dessert. Beverages and table service will be provided.

Let's all get into a festive holiday spirit by participating in the gift exchange! Gifts may be handmade or purchased with about a \$25.00 limit. We hope all our members are able to attend this fun get-together.

Feel free to come a little early to help set-up and decorate!

Janet Yinger

## Jan 8 program

**Get Smashed:** Christine Davis will show you how she smashes all sorts of metal objects and transforms them into jewelry and embellishments. There will be games, prizes and lots of noise. Bring small metal things you'd like smashed.

## Sign up!

**Programs:** Janet Yinger still needs a support person. If you have time she would love to hear from you.

**Historian:** Elizabeth finds herself so overscheduled that she is unable to perform as a historian should. If someone else would care to take over she will be very grateful. Please note that since we have never had a historian, the job can be whatever someone wants to make it.

## *Colorado Weavers Day*

Save the Date:

Colorado Weavers Day is coming! This all day conference of weavers, spinners, knitters, crocheters and fiber artists of all kinds is this spring. Registration begins January 1, 2016. There will be two keynote speakers, lots of mini-classes and demos, a fiber art show, and tables displaying the work of the various fiber guilds around the state, plus great goodie bags for each participant.

## *Loom for Sale*

My 8-harness Schacht Mighty Wolf is for sale.  
The price is \$2,600 (the current retail price for this loom is \$3,221).  
This includes the basic loom with 1000 heddles,  
3 reeds (8, 10, 12), 3 lease sticks and 2 apron bars.  
The Schacht extras: the Stroller and the Wolf Trap.  
The other extras: a homemade warping board and a raddle.  
You can contact me at: [sandeejaastad@gmail.com](mailto:sandeejaastad@gmail.com)  
or by phone at 395-4849 or 221-4404.  
Sandee Jaastad

## *Mini-Spinner for Sale*

For sale: a Hansen Craft mini-spinner (details can be found under Farm & Garden and Arts & Crafts listing on Craigslist. Contact Diana Smith at [cppacas@aol.com](mailto:cppacas@aol.com) or 395-5688.

## *Interweave Yarn Fest*

will be held March 31 through April 3, 2016  
in Loveland, CO  
Registration is open now at  
[InterweaveYarnFest.com](http://InterweaveYarnFest.com)

## *Next Meeting*

The next meeting will be held on December 4<sup>th</sup> at the Congregational Church in Buena Vista. Social time starts about 9:30 a.m., meeting begins 10 a.m.